



**AUGUST 14-17, 2019**

*4 days, 5 courses*

*15 fleets, 120 boats, 1,200 sailors*

## **MEDIA RELEASE**

### **Sailors take on Day 2 with determination, lessons from Day 1**

*J/29 skipper Erin Norwood credits communication, teamwork for best sailing experience*

**CHESTER, NOVA SCOTIA (August 15, 2019)** – As if on cue, a threatening fog off Blandford rolled back and fresh winds picked up just as races started for Day 2 of Helly Hansen Chester Race Week 2019 on Mahone Bay on the beautiful South Shore of Nova Scotia, Canada.

“Sailing conditions today were great with those reliable Mahone Bay winds picking up to 10+ knots after lunch, just like clockwork,” said Dan Conrod, principal race officer, Chester Race Week. “Today, skippers and crews had a chance to implement some of the lessons they learned yesterday and many saw the results of more focus and familiarity with the courses and weather conditions.”

[See Official Day 2 Wilsons Drone Video footage here.](#)



PHOTO: Skipper Erin Norwood (2nd from left) and her all-male crew on the J/29 *Favourite Child* are shown in the Distance 3 Fleet during day 2 of sailing at 2019 Helly Hansen Chester Race Week in Mahone Bay, Nova Scotia, Canada. (Credit: © 2019 Tim Wilkes / [www.timwilkes.com](http://www.timwilkes.com), high-res image available on request)

## Helly Hansen Chester Race Week 2019 media release

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Veteran sailor, sailmaker and race officer Sandy MacMillan filled in for his former Olympic teammate, Andreas Josenhans, who usually delivers the “Morning After Coaching Seminars” that have been offered to skippers on the Chester Yacht Club (CYC) porch on days 2, 3 and 4 for years now.

After watching the fleets on Day 1, MacMillan today reminded skippers about the importance of teamwork and clear communication on board. He advised sailors to get familiar with the course and the other boats in their fleets well before the start, so they can keep their minds on sailing during the races.

“Lots of crews lose their focus because they’re not ready for the start and they’re trying to figure out timing, marks and where the ropes are. That can ruin your performance,” MacMillan explained. “The key is to get familiar with all the elements that you can in advance, then work as a team and focus on the sailing for the best performance.”

Erin Norwood co-owns the J/29 *Favourite Child* and is one of the few female skippers this year. She only started taking the helm in recent years as her confidence grew. Now she leads an all-male crew sailing out of the Royal Nova Scotia Yacht Squadron in Halifax where she serves as Vice Commodore - Sailing. Norwood says gender doesn’t matter on board where it’s all about teamwork and communication.

“We have each others’ backs at all times. I’m open to suggestions, and in turn, my crew supports my decisions on the course. As a result, we communicate clearly and almost never argue, which makes for a really positive experience,” Norwood explains.

Norwood adds she hopes more women will take the helm during races.

“Sometimes women just need to be given the chance and to feel the support of their crew. It’s an amazing experience to drive a keelboat, to adapt to the conditions and to really focus on the job at hand. I recommend it to anyone. It’s a huge confidence boost.”

### DAY 2 RESULTS

#### Place, Yacht Name, Type, Owner/Skipper, Hometown, Results, Total Points

##### Bluenose (One Design - 22 Boats) **PROVISIONAL DUE TO PROTEST**

1. Wahoo, Bluenose 23, Henry Demone , Chester, NS, CAN - 4 -4 -1 -1 -3 -[11] -2 ; 15
2. Privateer, Bluenose 22.5, Connor Mraz , Brooklyn, NY, USA - [12] -3 -3 -2 -4 -4 -9 ; 25
3. Hackmatack, Bluenose 23', Nicholas Lewin , Chester, NS, USA - 5 -6 -4 -[23] -1 -7 -4 ; 27

##### Classics (Pursuit - 8 Boats)

1. Seneca, Classic 48, David Creighton , Chester, NS, CAN - 1 -1 ; 2
2. Virginia, Wm Gardner Q 46, John Wurts , Chester, NS, USA - 2 -2 ; 4
3. Hayseed IV, Wm Gardner P 54, Christopher Wurts , Chester, NS, CAN - 3 -3 ; 6

##### Distance 1 (PHRF\_ToT - 7 Boats)

1. Ramillies, Beneteau First 44.7 44.7, David Wilson , Halifax, NS, CAN - 1 -2.5 -1 ; 4.5
2. Deviation, J120 40, Stu McCrea , Halifax, NS, CAN - 6 -1 -2 ; 9
3. Climax, 1D35 35, Nathan Reece , Dartmouth, NS, CAN - 3 -2.5 -5 ; 10.5

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### **Distance 2 (PHRF\_ToT - 11 Boats)**

1. Young Blood, J 100 33, Larry Creaser , Chester, NS, CAN - 1 -1 -1 ; 3
2. HELOC, J 35 35, Andrew Childs , Halifax, NS, CAN - 2 -6 -3 ; 11
3. DogParty, J 100 32, Terry McKenna , Charlottetown, PEI, CAN - 5 -4 -2 ; 11

### **Distance 3 (PHRF\_ToT - 9 Boats)**

1. Poohsticks, J 92 30, Colin Mann , Lunenburg, NS, CAN - 1 -1 -2 ; 4
2. Scotch Mist IV, J 29 29, Chris MacDonald , Halifax, NS, CAN - 3 -2 -1 ; 6
3. PARADIGM SHIFT, J29 29, Don Williams , Halifax, NS, CAN - 2 -3 -4 ; 9

### **Distance 4 (PHRF\_ToT - 9 Boats)**

1. Just Add Water, J 30 30, Jesleine Baker , Halifax, NS, CAN - 1 -4 -2 ; 7
2. Gersemi, Viking 33 33, Paul Bezanson , Halifax, NS, CAN - 7 -1 -1 ; 9
3. Highlander, Dealer DB-1 33, Dan Pride , Halifax, NS, Can - 2 -7 -3 ; 12

### **Distance 5 (PHRF\_ToT - 7 Boats)**

1. Foxy Lady, Chaser 29 29, Bob Cragg , Chester, NS, CAN - 1 -2 -1 ; 4
2. Afterhours, custom 23'8, Charles Walker , Chester, Nova Scotia, CAN - 2 -1 -2 ; 5
3. Roguewave, Viking 28 28, Elizabeth Whyte , Halifax, NS, CAN - 4 -3 -3 ; 10

### **Distance 6 (PHRF\_ToT - 4 Boats)**

1. sea breaker, c&c 25 25, bruce nunn , dartmouth, nova scotia, can - 1 -1 -1 ; 3
2. Nesbitt, Thunderbird 25' 6, Anthony Rosborough , Halifax, NS, CAN - 3 -2 -2 ; 7
3. To'Mater 3, C&C 25, Warren Webber , Rhodes Corner, NS, Canada - 2 -3 -3 ; 8

### **Inshore 1 - J105 (PHRF\_ToT - 5 Boats)**

1. McMac, J105 34.5', Sean / Rory McDermott / MacDonald , Dartmouth, Nova Scotia, CAN - 1 -1 -1 -1 ; 4
2. Buzz, J 105 35, Barry Eisener , Lunenburg, NS, CAN - 3 -4 -2 -2 ; 11
3. MOJO, J 105 34, James Mosher , Lunenburg, Select State, CAN - 2 -3 -3 -3 ; 11

### **Inshore 2 - C&C 99 (PHRF\_ToT - 5 Boats)**

1. Agent 99, C&C 99 33, Rob Crutcher , Bedford, NS, CAN - 1 -1 -1 -1 ; 4
2. Equinox 99, C&C 99 33, Rod Stright , Halifax, NS, CAN - 2 -2 -2 -2 ; 8
3. Showgirl2, C&C99 32.5, Drew Bethune , Halifax, NS, CAN - 3 -3 -3 -4 ; 13

### **Inshore 3 (PHRF\_ToT - 7 Boats)**

1. Head Games, J 29 29.5, Terry Schnare , Chester Basin, NS, CAN - 2 -1 -1 -1 ; 5
2. Painkiller, J 29 29, Jane Filbee , Halifax, NS, CAN - 1 -2 -2 -2 ; 7
3. Unlimited Data, Etchells 30.5 feet, Alan Chandler , Chester, NS, CAN - 3 -3 -3 -3 ; 12

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### Inshore 4 (PHRF\_ToT - 6 Boats)

1. Hoonigan, Soling 27, Ivan Fitch , Chester, NS, CAN - 1 -1 -1 -1 ; 4
2. Cheap Thrill, J 22 22, Karen Fowler , dartmouth, NS, CAN - 2 -2 -2 -2 ; 8
3. Waverunner, J 24 24, Steven Countway , Halifax, NS, CAN - 3 -3 -4 -3 ; 13

### Sonar (One Design - 6 Boats)

1. Ping, Sonar 23, Andreas Josenhans , Lunenburg, Ns, Can - 2 -1 -[6] -2 -2 -1 -1 ; 9
2. Barbarian, Sonar 23, Rob Barbara , Halifax, NS, CAN - 1 -[3] -1 -3 -1 -2 -2 ; 10
3. Echo, Sonar 23, John Franklin , Chico, CA, USA - 3 -2 -[4] -1 -3 -4 -3 ; 16

### Farr 30 (One Design - 6 Boats)

1. One More Time, Farr 30 30, Rob Gale , Halifax, Nova scotia, Can - 1 -1 -1 -1 -[3] -2 -2 ; 8
2. YARDSAIL, FARR 30 OD 30, Roby Douglas , Boutilier's Point, Nova Scotia, CAN - 5 -[6] -2 -3 -1 -3 -1 ; 15
3. Matador, Farr 30 30, Gregory Blunden , Halifax, NS, CAN - [4] -4 -3 -2 -2 -1 -3 ; 15

### International One Design (One Design - 9 Boats)

1. Bella, IOD 36, Evan Petley-Jones , Halifax, NS, CAN - [4] -2 -1 -1 -2 -4 -3 ; 13
2. Squall, IOD 33, Peter Wickwire , Halifax, Nova Scotia, CAN - 2 -[10] -10 -2 -1 -1 -1 ; 17
3. Enigma, IOD 33, Steve Bush , Los Ranchos, NM, USA - [5] -4 -2 -3 -3 -3 -2 ; 17

### About Helly Hansen Chester Race Week

Hosted by the Chester Yacht Club in the picturesque South-Shore Nova Scotia village of Chester in mid-August each year, Helly Hansen Chester Race Week is Canada's largest keelboat regatta (four days of sailing) and plays host to more than 120 boats from near and far.

Named one of Sailing World magazine's 14 greatest sailing events in North America, each August, 1,200-plus sailors arrive on Nova Scotia's scenic Mahone Bay to compete in one of 15 fleets racing simultaneously on five different race courses. Our fleets accommodate everyone from offshore big boats and one-designs, to classic wooden boats, club racers and no-spinnaker cruising boats.

Chester's sailing regattas were first documented in 1856 and, since then, tourists and locals alike have taken in the natural beauty of the area by both land and sea. A community-based, volunteer-driven event, Helly Hansen Chester Race Week boasts a full schedule of public-friendly events with live music, great food, yacht races, plus racing seminars from internationally renowned sailors, tacticians, boat builders and sailmakers. Visit [www.ChesterRaceWeek.com](http://www.ChesterRaceWeek.com)

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